

Day	Date	Time	Leader		Miles	Up (m)	Grade	Where				Description
			Name	Contact				GR	Lat,Long	PC	Notes	
Thu Hill	Apr 09	10.30	Mike		7.5	320	B+	NS 9875 7281	55.937667, -3.622511	EH48 4NW	Korean War Memorial car park, Beecraigs Country Park. ///unto.hence.slumped	Korean War Memorial - Beecraigs Loch - Cockleroy Loch - Cockleroy To Witch Craig, then via MTB tracks to Beecraigs Loch. Round the loch, past the Visitor Centre and through Hillhouse Wood to Preston Road. Across and via field edges alongside Preston Burn to the woods around the disused Cockleroy Reservoir. Thence via fields to the foot of Cockleroy Hill and a track to the top. Down the "tourist path", up through the woods opposite, down to and across the road, returning to the start via MTB tracks. The hill ascent is fairly steep (hence the B+ grade). There are 4 field gates and a stile to climb, a narrow but slightly awkward burn crossing and a 3' wide leat to step across.
Tue	Apr 14	10.30	Janet		6.5	200	B	NT 1643 9159	56.109733, -3.345294	KY4 9NN	Cowdenbeath Leisure Centre car park. ///riper.hook.confronts	Cowdenbeath - Beath Hill From Cowdenbeath to the Dalbeath Nature Reserve. Through fields and paths up the east end of Beath Hill, and along the ridge to the trig. Then down the west end of the hill to a path back to the NR. Thence up (one steepish section) through woods to emerge on a road opposite Cowdenbeath Recycling Centre. Finally some road walking to return to the car park. One or two field gates and a wooden fence to climb (hence the B grade), and possibly cattle in the fields. Mostly paths, tracks and grass (which may be very cow-pocked!).
Sat	May 02	10.00	Lorna		9	340	B	NO 3771 1470	56.320583, -3.0087412	KY15 4BH	Fluthers car park, Cupar. ///tried.unframed.menu	Hill of Tarvit From Cupar to Ceres on the moor road then to Hill of Tarvit, taking in the Tarvit mansion house dens, the Hickory Golf Course and pleasant woods. Lunch at the top of the hill to enjoy the views. Mainly paths and tracks (there is a short steep section which can be omitted). Return round the golf course and via woods to join the Fife Pilgrim Way to Ceres, and thence on the outward route. Good paths and tracks.
Sat	May 09	10.00	Alex		9	430	B	NN 9487 0506	56.226405, -3.6971721	FK14 7JZ	A small layby on the track to Frandy Fishery, signposted off the N-bound side of the A823 Glendevon to Gleneagles road. ///devoirs.topples.chap	Glendevon Most of the height gain (120m) comes in the first half mile; thereafter the route is mildly undulating with a gradual descent. A narrow sheep track is followed along a hillside before a 2.5 mile return on a good estate road.
Thu	May 21	10.00	Alex		9.5	230	C	NT 1251 9131	56.106513, -3.4082739	KY12 0SP	Car park is along the entrance road to St Ninians, off the B912 Kingseat Road. ///about.activity.fluffed	St Ninians and surrounding countryside On the Fife Pilgrim Way to, up and down the decorative mound. Through St Ninians wood, past Easter Craigduckie Farm, through Townhill Wood to Kingseat and return along the road. A shorter 6.5 mile option is possible by leaving the route on the N side of Loch Fitty and self-guiding back to the start on an obvious track. Good paths and tracks.
Sat	Jun 06	10.30	Mike		11	400	B	NN 9977 5263	56.654721, -3.6365363	PH9 0PB	Bothy at Tulliemet, Milton of Tulliemet. ///tokens.tram.ignites	The Lochans Oisinneach Via Woodside of Tulliemet to Lochan Oisinneach Beag. On to Lochan Oisinneach Mor and return via Tulliemet House. A mile of downhill minor road at the start, then hill tracks and paths, quite a lot boggy. One awkward burn crossing -- more info after recce nearer the time.
Sat	Jun 13	10.30	Janet		7	340	B	NT 1370 9610	56.149789, -3.3906762	KY4 0JE	The triangle just N of Maryburgh on the minor road from Kelty Bridge, or S off the B996 opposite Blairforge. ///closes.lends.prune	Benarty Hill Via Maryburgh and 200m on B996 to Blairfordel, then by Benarty Road & Pit Road to Lochore. Through Harran Hill Wood to cross Hill Road and take the (long, steepish) steps up to Seamark & Benarty Hill trig. Thence towards the firing range, into Binn Wood and down to Hill Road. A quarter mile along the road then left at Paren Well to Blairforge, across the B996 and back to the start.
Sat	Jun 20	10.30	Alison		8	100	C	NT 1848 7558	55.966232, -3.3075725	EH4 6EB	Junction of Barnton Avenue West and Whitehouse Road, Edinburgh. ///remit.pest.jungle	River Almond, Cramond, Silverknowes & Laurieston Castle Barnton Avenue West, Grotto Bridge and Cramond Bridge to the River Almond, then the river path to Cramond village. Thence to Silverknowes foreshore and return via Laurieston Castle. Good tracks and quiet roads. Some steps. Good views across to Fife and the Firth of Forth islands.
Sat	Jun 27	10.30	Bill		9	430	B	NT 2430 6670	55.887466, -3.2118239	EH10 7DS	Outside Reception at Hillend Snowsports Centre, Biggar Road, Edinburgh. Free parking adjacent. ///family.discouraged.places	Pentlands Along lower slopes of the Pentlands to Castlelaw Farm, then N on a military road, climb Capelaw Hill and descend towards Dreghorn. Return on lower slopes to the start. Hill paths throughout. Views of Edinburgh and Midlothian.

PLEASE CONTACT THE LEADER AT LEAST 12hr BEFOREHAND IF YOU WISH TO JOIN A WALK